

CIFC FAMILY AND ADULT PROGRAM CLOTHING AND EQUIPMENT LIST

- ❖ **LAYERING** is the key to a summer camp wardrobe in the San Juan Islands. It tends to be cool in the morning and evening, warm during the day. Combinations of shorts, long pants, t-shirts, sweatshirts or fleece pullovers, hats, and rain gear are ideal.
- ❖ **RAIN** Although the San Juan Islands get only 16" - 26" of rain a year, be prepared for it
- ❖ **LUGGAGE** should be address-tagged, compact, and easy to carry on the ferry by each person. A wooden clothes box is provided under each bed.

We encourage participants (especially children) to leave their technology devices at home and enjoy new friends and the sounds of the sea and forest. If adults need to bring a computer, we do have wifi in the main camp building but cell phone coverage is very spotty on the island. **Items to leave home if possible.**

radios	candles and incense
cd/mp3 players	lanterns
video games	knives for children (including pocket knives)
computers	hatchets
cell phones (children)	firearms and fireworks
video recorders	personal sports equipment (tennis racquets are ok)
matches	pets
lighters	candy and gum

PLEASE BRING TO CAMP

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|-----------------|-------|---|
| CAMP GEAR: | _____ | sleeping bag or sheets and blanket (cot and mattress provided) |
| | _____ | small pillow |
| | _____ | flashlight with extra batteries and bulb (LED headlamp preferred) |
| | _____ | small day pack for kayaking or sailing |
| | _____ | water bottle with lid that seals |
| CLOTHING: | _____ | rain jacket |
| | _____ | long pants |
| | _____ | shorts |
| | _____ | a warm, long-sleeved sweater, sweatshirt or polar fleece |
| | _____ | baseball cap or hat with brim |
| | _____ | fleece or wool hat |
| | _____ | long-sleeved shirt |
| | _____ | 2 T-shirts or short sleeved shirts |
| | _____ | socks |
| | _____ | underwear |
| | _____ | pajamas or night shirt |
| | _____ | tennis shoes |
| | _____ | sandals |
| | _____ | flip flops or slip ons to wear to rest room |
| | _____ | swimsuit |
| PERSONAL ITEMS: | _____ | toothbrush and toothpaste |
| | _____ | towel and wash cloth |
| | _____ | sunscreen |
| | _____ | lip balm with sunscreen |
| | _____ | sunglasses |
| | _____ | comb or brush |
| | _____ | insect repellent |
| | _____ | personal hygiene items |
| OPTIONAL | _____ | camera |
| | _____ | binoculars |
| | _____ | musical instruments (for Family Camp talent show) |
| | _____ | wine to share if you wish |

CANOE ISLAND IS NOT RESPONSIBLE FOR LOST ITEMS.