

CANOE ISLAND FRENCH CAMP RECOMMENDED CLOTHING AND EQUIPMENT LIST

- ❖ **LESS IS MORE.** A camp sweatshirt and t-shirt are provided. Most campers do not need or wear everything they bring; consider sending less, especially if traveling by airplane. Laundry will be done each weekend.
- ❖ **LAYERING** is the key to a summer camp wardrobe in the San Juan Islands. It tends to be cool in the morning and evening, warm during the day. Combinations of shorts, long pants, t-shirts, a sweatshirts or fleece pullover, hat, and rain gear are ideal.
- ❖ **RAIN** Although the San Juan Islands get only 16" - 26" of rain a year, be prepared for it. Waterproof, windproof jacket and pants are a worthwhile investment.
- ❖ **OLD CLOTHES ARE BEST:** Camp is the place to wear them out, not start next year's wardrobe.
- ❖ **LUGGAGE** should be address-tagged, compact, and optimal for unaccompanied campers to handle in transit (backpack or rolling duffel). A wooden clothes box is provided under each bed. For campers traveling by air, **personal items, towel, swimsuit and one change of clothes should be in carry-on luggage.** Please check airlines weight and size restrictions prior to packing gear.
- ❖ **LABEL** every item of clothing or equipment.

PLEASE LEAVE AT HOME:

radios	candles and incense
cd/mp3 players/iPods	lanterns
video games	knives (including pocket knives)
computers	hatchets
cell phones (except for travel purposes)	firearms and fireworks
video recorders	pets
matches	candy and gum
lighters	snack food of any kind (plenty of food and snacks will be provided at the camp.)

Campers are asked to turn in any of these items to the Camp Director on arrival, to be returned at session's end. Campers who tell you, "It's ok, everyone has it" are mistaken. Thank you for respecting our policies. Similar items sent in care packages will be kept until the camper leaves Canoe Island.

PLEASE BRING TO CAMP

CAMP GEAR:	_____ sleeping bag or sheets and blanket (cot and mattress provided)
	_____ small pillow, if desired
	_____ flashlight with extra batteries and bulb (LED headlamp preferred)
	_____ small day pack
	_____ water bottle with lid that seals (at least 1 qt.)
	_____ spiral or bound notebook and pencils/pens for French language activities/journal
	_____ stationery and stamps
CLOTHING:	_____ rain/wind jacket and pants
	_____ 2 pairs of long pants
	_____ 2 pairs of shorts
	_____ 1 long-sleeved sweater, sweatshirt or polar fleece (campers receive a Canoe Island sweatshirt at camp)
	_____ 1 wool/fleece hat
	_____ 1 hat with brim
	_____ 2 long-sleeved shirts

- _____ 3 t-shirts or short sleeved shirts
(campers receive a Canoe Island t-shirt at camp)
- _____ 7 pair socks
- _____ 7 pair underwear
- _____ 1 pair pajamas or night shirt
- _____ 1 pair tennis shoes w/non-marking soles (for sailboat)
- _____ 1 pair sandals or water shoes
- _____ 1 pair flip flops to wear to shower
- _____ 1 swimsuit
- _____ hat with brim
- _____ bandanna
- _____ dress or skirt/blouse, slacks/shirt (coat and tie optional) for
dance/banquet

PERSONAL ITEMS:

- _____ toothbrush and toothpaste
- _____ towel and wash cloth
- _____ sunscreen, 30 spf
- _____ lip balm with sunscreen
- _____ sunglasses
- _____ comb or brush
- _____ insect repellent
- _____ personal hygiene items
- _____ laundry bag

OPTIONAL

- _____ camera w/film or digital
- _____ small personal first-aid kit (moleskin, Band-aids, antiseptic)
- _____ binoculars
- _____ personal art supplies for journal during tipi time
- _____ musical instruments (we have a clarinet, violin, guitars, and banjo)
- _____ watch

ALL CLOTHES AND EQUIPMENT SHOULD BE MARKED WITH THE CAMPER'S NAME.
CANOE ISLAND FRENCH CAMP IS NOT RESPONSIBLE FOR LOST ITEMS.