

## CANOE ISLAND FRENCH CAMP RECOMMENDED CLOTHING AND EQUIPMENT LIST

- ❖ **LAYERING** is the key to a summer camp wardrobe in the San Juan Islands. It tends to be cool in the morning and evening, warm during the day. Combinations of shorts, long pants, t-shirts, sweatshirts or fleece pullovers, hats, and rain gear are ideal.
- ❖ **RAIN** Although the San Juan Islands get only 16" - 26" of rain a year, be prepared for it
- ❖ **LUGGAGE** should be address-tagged, compact, and easy to carry on the ferry by each person. A rolling suitcase or backpack is easiest. A wooden clothes box is provided.

### YOGA GEAR

- \_\_\_\_\_ Mat
- \_\_\_\_\_ Comfortable yoga clothes

### CAMP GEAR:

- \_\_\_\_\_ sleeping bag or sheets and blanket (cot and mattress provided)
- \_\_\_\_\_ pillow, if desired
- \_\_\_\_\_ flashlight with extra batteries and bulb (LED headlamp is great)
- \_\_\_\_\_ small day pack for kayaking or sailing
- \_\_\_\_\_ water bottle with lid that seals

### CLOTHING:

- \_\_\_\_\_ rain jacket and pants
- \_\_\_\_\_ long pants
- \_\_\_\_\_ shorts
- \_\_\_\_\_ a warm, long-sleeved sweaters, sweatshirts or polar fleece
- \_\_\_\_\_ baseball cap or hat with brim
- \_\_\_\_\_ fleece or wool hat
- \_\_\_\_\_ long-sleeved shirt
- \_\_\_\_\_ short sleeved shirts
- \_\_\_\_\_ socks
- \_\_\_\_\_ underwear
- \_\_\_\_\_ pajamas or night shirt
- \_\_\_\_\_ tennis shoes, non-marking (for sailboat)
- \_\_\_\_\_ sandals
- \_\_\_\_\_ flip flops or slip ons to wear to restroom
- \_\_\_\_\_ swimsuit

### PERSONAL ITEMS:

- \_\_\_\_\_ toothbrush and toothpaste
- \_\_\_\_\_ 2 towels and wash cloth
- \_\_\_\_\_ sunscreen
- \_\_\_\_\_ lip balm with sunscreen
- \_\_\_\_\_ sunglasses
- \_\_\_\_\_ comb or brush
- \_\_\_\_\_ insect repellent
- \_\_\_\_\_ personal hygiene items

### OPTIONAL

- \_\_\_\_\_ camera
- \_\_\_\_\_ binoculars
- \_\_\_\_\_ wine to share if you wish

*CANOE ISLAND IS NOT RESPONSIBLE FOR LOST ITEMS.*