

## CANOE ISLAND FRENCH CAMP RECOMMENDED CLOTHING AND EQUIPMENT LIST

- ❖ **LESS IS MORE.** A camp sweatshirt and t-shirt are provided. Most campers do not need or wear everything they bring; consider sending less, especially if traveling by airplane. Laundry will be done once a week.
- ❖ **LAYERING** is the key to a summer camp wardrobe in the San Juan Islands. It tends to be cool in the morning and evening, warm during the day. Combinations of shorts, long pants, t-shirts, a sweatshirts or fleece pullover, hat, and rain gear are ideal.
- ❖ **RAIN** Although the San Juan Islands get only 16"-26" of rain a year, be prepared for it. A waterproof, windproof jacket is a worthwhile investment.
- ❖ **OLD CLOTHES ARE BEST** Camp is the place to wear them out, not start next year's wardrobe.
- ❖ **LUGGAGE** should be address-tagged, compact, and optimal for unaccompanied campers to handle in transit (backpack or rolling duffel). A wooden clothes box is provided under each bed. For campers traveling by air, **personal items, towel, swimsuit and one change of clothes should be in carry-on luggage.** Please check airline's weight and size restrictions prior to packing gear.
- ❖ **LABEL** every item of clothing or equipment. We will attempt to return labeled items at the end of the summer if requested and if postage is pre-paid.

### PLEASE LEAVE AT HOME:

cell phones (except for travel purposes)	hatchets
cd/mp3 players/iPods	firearms and fireworks
electronic tablets (we have a library)	pets
video games and computers	candy and gum
matches, lighters, or lanterns	snack food of any kind (plenty of food and snacks will be provided at the camp.)
candles or incense	
knives (including pocket knives)	

*Campers are asked to turn in any of these items to the Camp Director on arrival, and they will be returned at session's end. Campers who tell you, "It's ok, everyone has it" are mistaken. Thank you for respecting our policies. Similar items, including homemade snacks sent in care packages, will be kept until the camper leaves Canoe Island.*

### PLEASE BRING TO CAMP

CAMP GEAR:

- \_\_\_\_\_ sleeping bag or sheets and blanket (cot and mattress provided)
- \_\_\_\_\_ small pillow
- \_\_\_\_\_ flashlight with extra batteries and bulb (LED headlamp preferred)
- \_\_\_\_\_ small day pack or backback
- \_\_\_\_\_ water bottle with lid that seals (at least 1 qt.)
- \_\_\_\_\_ spiral or bound notebook and pencils/pens for French language activities/journal
- \_\_\_\_\_ stationery, stamps, and addresses. Please show your child how to address and stamp an envelope correctly or send pre-addressed envelopes.

### CLOTHING:

- \_\_\_\_\_ reusable cloth masks (please label the masks!)
- \_\_\_\_\_ rain/wind jacket
- \_\_\_\_\_ 2 pairs of long pants
- \_\_\_\_\_ 2 pairs of shorts
- \_\_\_\_\_ 1 long-sleeved sweater, sweatshirt or polar fleece (campers receive a Canoe Island sweatshirt at camp)
- \_\_\_\_\_ 1 wool/fleece hat
- \_\_\_\_\_ 1 hat with brim
- \_\_\_\_\_ 2 long-sleeved shirts
- \_\_\_\_\_ 3 t-shirts or short sleeved shirts (campers receive a Canoe Island t-shirt at camp)

- \_\_\_\_\_ 7 pair socks
- \_\_\_\_\_ 7 pair underwear
- \_\_\_\_\_ 1 pair pajamas or night shirt
- \_\_\_\_\_ 1 pair tennis shoes or other closed toe shoes (for tennis, archery, etc.)
- \_\_\_\_\_ 1 pair flip flops to wear to shower or around camp
- \_\_\_\_\_ 1 swimsuit
- \_\_\_\_\_ 1 "fancy" outfit - dress or skirt/blouse, slacks/shirt (coat and tie optional) for end-of-session banquet

PERSONAL ITEMS:

- \_\_\_\_\_ toothbrush and toothpaste
- \_\_\_\_\_ towel and wash cloth
- \_\_\_\_\_ sunscreen, 30 spf
- \_\_\_\_\_ lip balm with sunscreen
- \_\_\_\_\_ sunglasses
- \_\_\_\_\_ comb or brush
- \_\_\_\_\_ insect repellent
- \_\_\_\_\_ personal hygiene items

OPTIONAL

- \_\_\_\_\_ combination lock for bathroom cubby
- \_\_\_\_\_ camera
- \_\_\_\_\_ personal art supplies for journaling during tipi time
- \_\_\_\_\_ musical instruments (camp has guitars, ukuleles, a piano)
- \_\_\_\_\_ watch

ALL CLOTHES AND EQUIPMENT SHOULD BE MARKED WITH THE CAMPER'S NAME.  
 CANOE ISLAND FRENCH CAMP IS NOT RESPONSIBLE FOR LOST ITEMS.